



# Meeting of Minds XVII

## Optimising the standard of care for adults with ADHD

### INVITATION

This invitation is for the person to whom it was sent only. Please do not share this invitation with anyone else.

**Dates:** Thursday 6 and Friday 7 November 2025

**Venue:** Hotel Crowne Plaza Warsaw – The HUB, Warsaw, Poland

**Time:** Thursday 6 November, 10:00-17:30 and Friday 7 November, 08:45-12:30  
(Arrive on Wednesday evening, 5 November)

#### Takeda invites you to Meeting of Minds XVII

Join us for this educational event to explore some of the latest scientific and clinical insights into **ADHD in adults**. This meeting offers a valuable opportunity to engage with leading experts, participate in thought-provoking discussions, and exchange knowledge with peers.

To reserve your delegate place at this meeting, please send an email to: **Annica Beckius**  
[annica.beckius@takeda.com](mailto:annica.beckius@takeda.com)

### Preliminary Scientific Programme

Host: Dr. Peter Mason

#### Thursday 6 November 2025

09:00-10:00	Registration	
10:00-10:10	Welcome!	Dr. Peter Mason, UK Dr. Jarosław Józwiak, PL
10:10-10:40	The paradoxes of ADHD – a disorder of dysregulation or reputation?	Prof. David Daley, UK
10:40-11:10	Neurobiological basis of ADHD	Dr. Jesper Andreasen, DK
11:10-11:25	Break	
11:25-11:55	Making sense of ADHD for our patients	Dr. Judith Mohring, UK
11:55-12:30	Plenary discussion forum	Dr. Jesper Andreasen, DK, Prof. David Daley, UK Dr. Judith Mohring, UK
12:30-13:30	Lunch	
13:30-14:00	Navigating clinical complexities – interactive patient case scenarios	Dr. Jakob Ørnberg, DK Prof. Sergio Benavente-López, SP
14:00-14:45	Recognising ADHD in adults – a spectrum of intertwined symptoms	Prof. Sergio Benavente-López, SP Dr. Judith Mohring, UK
14:45-15:15	Untangling ADHD and autism	Prof. Susan Young, UK Dr. Anna Szczepielniak, PL
15:15-15:45	Break and split into working groups	
15:45-16:45	<u>Breakout session 1</u> a) Science of the stimulants: differences and similarities of ADHD medications b) ADHD and addictive behaviours c) Adult ADHD and childhood trauma	a) Dr. Jesper Andreasen, DK & Prof. Sergio Benavente-López, SP b) Dr. Jakob Ørnberg, DK & Dr. Felix Betzler, DE c) Prof. Susan Young, UK & Dr. Peter Mason, UK
17:00-17:30	Highlights of the day – key learnings and closing comments	All



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This meeting is initiated, organised, and funded by Takeda.  
For healthcare professionals only.

## Preliminary Scientific Programme

**Friday 7 November 2025**

08:45-08:50	Welcome	Dr. Peter Mason, UK
08:50-09:15	ADHD and comorbid substance use disorder – interactive patient case scenario	Dr. Peter Mason, UK
09:15-10:15	Breakout session 2	All
10:15-10:30	Break	
10:30-11:30	Breakout session 3	All
11:40-12:20	Evidence-based treatment approaches for adults with ADHD	Dr. Peter Mason, UK, Prof. Sergio Benavente-López, SP, Dr. Jakob Ørnberg, DK
12:20-12:30	Highlights and closing comments	Dr. Peter Mason, UK

## Speaker Information

**Dr. Jesper Andreasen**, Associate Professor of Drug Design and Pharmacology, University of Copenhagen, Denmark  
**Dr. Felix Betzler**, Medical Specialist in Psychiatry and Psychotherapy, Charité University of Medicine Berlin, Germany  
**Prof. Sergio Benavente-López**, Associate Chief of Psychiatry, Infanta Elena University Hospital, Madrid, Spain  
**Prof. David Daley**, Professor and Head of Applied Psychological Practice, Nottingham Trent University, Nottingham, United Kingdom  
**Dr. Jarosław Józwiak**, Medical Director/Psychiatrist, Alma Centrum Terapii & Medical University of Warsaw, Poland  
**Dr. Peter Mason**, Consultant Adult Psychiatrist, Private Practice, Liverpool, United Kingdom  
**Dr. Jakob Ørnberg**, Senior Physician, Child and Adolescent Psychiatry, Private Practice, Mølholm, Denmark  
**Dr. Judith Mohring**, Consultant Adult Psychiatrist, Private Practice, London, United Kingdom  
**Dr. Anna Szczepiński**, Psychiatrist, Medical University of Silesia, Katowice, Poland  
**Prof. Susan Young**, Consultant Forensic and Clinical Psychologist, Private Practice, London, United Kingdom

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The program contains interactive patient cases, formulated as typical cases, prepared by the lecturers. Some information in the patient case descriptions, including the patients' names, has been adjusted to prevent identification of the patients. The people in the images are all fictitious.

